SHORT MOOD AND FEELINGS QUESTIONNAIRE

This form is about how your child may have been feeling or acting recently.

For each question, please check how much she or he has felt or acted this way in the past two weeks.

If a sentence was true about your child most of the time, check TRUE.

If it was only sometimes true, check SOMETIMES.

If a sentence was not true about your child, check NOT TRUE.

_	<u> </u>		TRUE	SOME TIMES	NOT TRUE
	1.	S/he felt miserable or unhappy			
	2.	S/he didn't enjoy anything at all			
	3.	S/he felt so tired that s/he just sat around and did nothing.			
	4.	S/he was very restless			
	5.	S/he felt s/he was no good any more			
	6.	S/he cried a lot			Ш
	7.	S/he found it hard to think properly or concentrate			
	8.	S/he hated him/herself			
	9.	S/he felt s/he was a bad person			
	10.	S/he felt lonely			
	11.	S/he thought nobody really loved him/her			
	12.	S/he thought s/he could never be as good as other kids .			
	13.	S/he felt s/he did everything wrong			

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