

Thank you for your patience and consideration during this time. In an effort to ensure social distancing, we have made the decision to cancel the newborn care class.

We have provided the links to the content below, and hope you take a moment to review them before your discharge home.



**Bathing your Baby**



**Soothing the Crying Baby**



**Breastfeeding: Latch  
& Positioning**



**Is Baby Getting Enough  
when Breastfeeding?**



**Engorgement after  
Giving Birth**



**Nipple Pain after  
Giving Birth**



**Breastfeeding in  
the First Hour**



**Hand Expressing Milk**



**Pumping and Maximizing  
Milk Production**